

SIGNS OF THE ZODIAC & YL OIL BLENDS

RESONATING YOUNG LIVING
ESSENTIAL OIL BLENDS FOR THE
SIGNS OF THE ZODIAC

Fire Signs: Aries, Leo, Sagittarius

Earth Signs: Taurus, Virgo, Capricorn

Air Signs: Gemini, Libra, Aquarius

Water Signs: Cancer, Scorpio, Pisces

ZODIAC SIGN

ESSENTIAL OIL BLEND

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|----------------|-------------------|
| 1. ARIES | THIEVES |
| 2. TAURUS | AROMA SIEZ |
| 3. GEMINI | TRAUMA LIFE |
| 4. CANCER | WHITE ANGELICA |
| 5. LEO | MOTIVATION |
| 6. VIRGO | PEACE AND CALMING |
| 7. LIBRA | BUILD YOUR DREAM |
| 8. SCORPIO | PURIFICATION |
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| 10. CAPRICORN | RAVEN |
| 11. AQUARIUS | PRESENT TIME |
| 12. PISCES | HUMILITY |

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ARIES

THIEVES

You, at Your Best!

When you are in balance you are a strong, solid, full of light individual. You bring a sense of clarity and cleanliness to life. Things are ordered and aligned when you are around. You are easily motivated to do your best and you bring out the best in others. You feel, no, you know that your life is important and worthwhile. A lot of energy surrounds you uplifting and enlightening others.

It is important to you when you are with people that you feel important and safe. When your relationships are threatened is when you feel challenged and confronted. Thieves will continue to send you the messages you need to keep your relationships in alignment and balance. This also affects your immune system as your immune system is concerned with everything in your body being in unity. To keep unity in your relationships, apply Thieves when you are at family reunions, when you are facing any difficulty in life where you might feel put down or unimportant.

And when you might need a little tune-up

When you are out of balance you can become complaining and loathsome. You brood and become morbid and oversensitive. People seeing you at your worst might say you are selfish and unlovable.

Your Healthy Thinking Patterns

I am important. I am motivated. I am safe. My life is clean. I am invigorated.

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TAURUS

AROMA SIEZ

You, at Your Best!

You often are described as an easy go lucky individual. You love to just flow with life. You don't fight pressures and prodding's of life, but rather you just let them pass by. You aren't giving in, you are getting along. At your best, you are like a peaceful river flowing by that has many benefits to those closest to the river.

And when you might need a little tune-up.

When you are out of balance, you can become panic stricken and rigid, maybe even a bit hysterical. Instead of flowing forward, you become unable to move at all. If you see that your efforts to flow were dammed up by someone, you become unyielding and stuck. It's best for you just to release your grip before your knuckles turn white and you are paralyzed in one spot.

Your Healthy Thinking Patterns

I am flowing with ease. I am restored and at peace. I am yielding to all the best in life.

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GEMINI

TRAUMA LIFE

You, at Your Best!

Your soul is brave and unshaken but through a series of events where you have trusted people that let you down, you can begin to feel powerless and unacceptable. You are a warrior and nothing breaks down a warrior faster than fear. As this aspect of your soul is healed and returned to a state of courage, nothing can stand in your way.

And when you might need a little tune-up

You have a wonderful gracious way about you that calms people. Truth is something you embrace, but depending upon your courage to face what really is, even this can leave you vulnerable. You would prefer, however, to trust anyway, regardless of the circumstances. Just be aware though this can open the door to being taken advantage of or violated. Your trusting nature can get you into jams. This is a lifelong event for you, trusting (against your better judgment and inner knowing) and then falling flat as people disappoint. However, it's not that people are bad and out to get you, but rather that you lose your warrior stance of courage and this invites trouble and vulnerability.

Your healing modality is to remain brave and unshaken. When you allow fear into your body and relationships, you will suffer. Always embrace truth, no matter how unwelcome it is. This keeps you in a position of power.

When you feel like you have been lied to or betrayed, you will be shaken as you are a trusting soul. When your trust is betrayed, your tendency would be to wilt and fold. Trauma Life will help you hold your course and be able to fly in the face of adversity when you need to.

Your Healthy Thinking Patterns

I embrace truth. I am trusting and healed. I am unshaken and brave. I am gracious.

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CANCER

WHITE ANGELICA

You, at Your Best!

Your higher self is a very difficult, but rewarding level to rise to. You need to be unlimited and powerful. When people try to contain you, there is a big revolt. It's confusing for you because you don't understand why you push people the wrong way without even trying.

You need to be responsive and regenerating to people. When you see a need for clarity or understanding in an area of life (that you can see clearly and the other person doesn't), it's really hard on you when your helpful suggestions and clear thinking doesn't even seem to make a dent.

You need to preserve things, in other words, keep things uncontaminated and pure. This also confuses people because in your sorting through ideas you have many experiences in your life that don't seem like they are very well thought out. The truth of this is that you do think things out and choose the experience instead for a deeper understanding. Instead of being thought of as deep (like you are), you get the reputation of being shallow and flaky, which is really the farthest thing from what is real.

Thoughts must be accurate and straight as an arrow in your world. You are like a keeper of Truth and this is a big job that is often embarrassing to you as well as to others as you sort and sift through the crap. This is what puts you in a bad light often. No one likes to see their ideals stomped on and disdained.

Think first, think second, think third, and then speak. Always remain silent if you feel resistance from people you are trying to help, because if you force your ideas, beliefs and opinions on those who aren't ready for them, they will not like you, even if they love you. Just be content with the knowledge that the universe is painting broad stripes for you, and that you can see things in a light most aren't able to use. Enjoy that.

Your Healthy Thinking Patterns

I am unlimited and powerful. I am responsive and regenerating.

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LEO

MOTIVATION

You, at Your Best!

When your ship is smoothly sailing you are a person who can be counted on. You will be at the helm day after day, calmly doing your job. You reserve judgment and are even non-judgmental towards people. You have a very reserved nature and you enjoy calm seas. When you are on someone's side you can be a powerful force for good.

And when you might need a little tune-up

However when you are out of balance, people will see rage and not just rage, but you will be exacting revenge. You will get even. Along with this rage there will be an anxiousness pervading your being. You won't get any support for this state and this will serve to further enrage you. When you are feeling rage, just know that is not your natural state. This is coming from another dimension and you are quite capable of shutting it down. There is a quality of Dr. Jekyll, Mr. Hyde to your persona when you experience imbalance. People think they know you but when they see this other side of you they are totally perplexed.

You need to be gentle with others, however, when you get out of balance you can be a little scary. Motivation will help you to stay in balance so you can relate to others, communicating in ways they will understand and appreciate. You may be quick to judge people and situations which will bring discord into your relationships. It's good for you to reserve judgment.

Your Healthy Thinking Patterns

I am faithful. I am non-judgmental. I am reserved and gentle.

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VIRGO

PEACE AND CALMING

You, at Your Best!

Your life is rewarded through your hard work. Your work and your purpose uplifts you and keeps you joyful and fulfilled. You are quite able to accept what is due you with a strong conviction that you deserve what you are getting. You are the master of your own soul and you often can accomplish your purposes and this is a source of joy. Life is precious to you. You value your experiences and love to be involved and active.

And when you might need a little tune-up

If you are out of balance, you may get the jitters. You may feel anxious and unsettled. This is sort of an agony for you and it brings with it the companion of low self-esteem. You can't be feeling worthless and still maintain your joy. If you aren't actively engaged, you have self-doubts, feeling like you are not enough, even to the point of thinking people are shoving you aside for someone one else.

When you feel that you are out of control and not making your own genuine decisions, you might need this oil as protection. When you are feeling that you are not recognized for what you do and being acknowledged, it would be good to use this oil.

Your relationships tend to fall apart when there is some sort of struggle and you feel like you don't amount to anything. In order to maintain your relationships you need to feel like you are actively involved in the relationship. Peace and Calming essential oil will give you the courage to do what you need to do for yourself so you can maintain relationships and at the same time enhance your immune system which thrives on unity and peace.

Your Healthy Thinking Patterns

Life is precious! I am the master of my soul. I am uplifted and rewarded every day.

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LIBRA

BUILD YOUR DREAM

You at your best!

Building your dreams is something you do in tandem with others and this is a good thing. You find out who you are by bouncing your thoughts and ideas off of other people. You love to be close to people and their ideals and aspirations. Often, you adopt the ideas of others as your own and you are content with that. Team work and cooperation is what motivates you and gets your juices flowing. You get a lot of energy from helping others and doing projects with others. My goodness, you are supportive and protective. When someone is with you they are in the zone of a complete forcefield, complete with a guardian. Just don't overdo it.

When you might need a little tune-up.

When you can't move forward without others, this is an issue, When you are not fulfilled unless you are working with someone else, this is a big deal for you. Depression sets in and you just become a big lump on the couch, not understanding that sometimes your constant clinging and leaning becomes tiresome. If you find yourself in this situation where people are moving away from you instead of toward you, it might be good to loosen your grip and open your hand. Let people find their way. You are not the prison warden.

Your Healthy thinking patterns

I am secure and in unity with all men. I am moving through my life with spirit and gusto. I love cooperation and peace.

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SCORPIO

PURIFICATION

You, at Your Best!

You love the even, steady flow of life. Quietness and solitude and an even steady flow to life is your heart-beat. You are adept at giving consolation and relief to others in affliction. Tranquility and serenity in your surroundings and your relationships are what you strive for and need in order to be healthy and whole. Even though you love quiet and solace, you are a vibrant person. You coast on the serenity, while vibrating and working on a high level of energy. It's quite a balancing act but it works for you.

And when you might need a little tune-up

When you are out of balance, resentment runs high. You will feel estranged and separated from people when out of alignment. You are a feelings stuffer. It's very difficult for you to speak your mind about your feelings as you don't like confrontation or the rippling effect of speaking up.

You feel illness and unrest coming on when there is tumult and unrest in your life and environment. You would more easily get sick when you feel overwhelmed. you are most at ease and happy when there is rest and peace in your life and relationships. When things become heated up and strife manifests, your immune system can suffer and your relationships can suffer as well.

Your Healthy Thinking Patterns

I love peace and harmony. I console and relieve as I bring serenity to my environment. I am vibrant and strong.

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SAGITTARIUS

RELEASE

You, at Your Best!

You don't carry loads through life, whether it's your luggage or someone else's. You need to feel unrestrained and free. You are trusting of people. You are aware that people are carrying a lot of burdens but you are also aware that those burdens are not yours to carry. It's a gift that you can remain free of encumbrances so you are able to move freely through life.

And when you might need a little tune-up

When you are out of balance, you can feel cheated. You can be made to feel like you have to be a sort of doormat without a choice and along with feeling like you've been cheated, you can become frantic to be shut of what people are trying to saddle you with. Because you are struggling so hard to get out of the bonds placed upon you, you can start blaming and judging people just to wriggle free.

At your very worst you nurse a sort of death wish, just to get out of your circumstances. The song "When will I be loved?" by Linda Ronstadt, typifies you're your possible unhealthy mindset.

You would most likely start to become ill or in discomfort when you are carrying too many loads and you are feeling cheated or like you are losing out in life by attending to so many people's problems. The only way out of this for you is to get sick. It's important for you to honor and respect your own limits so you can be free of burdens and available to bring light and sunshine along with you that will spread to others, not because you have to but just as a natural process of outpouring your light when you are free of burdens and expectations.

Your Healthy Thinking Patterns

I am free of burdens. I am unrestrained. I am trusting and aware.

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CAPRICORN

RAVEN

You, at Your Best!

You are a strong fort. Strength and security reside within you. You are able to move around freely due to the strength of your character. You soothe others with your strength and resolve. You put people at ease.

And when you might need a little tune-up

Because you give and give sometimes you might become envious of the carefree attitude of others. Brooding you can have even depraved thoughts and feel like a martyr. If you continue to sink into the quagmire, you can become agitated and angry as no one comes to your rescue. People think you are strong and don't need help, so they don't come.

You feel most vulnerable when you feel weak or unable to move around freely. When your strong will is challenged, you are your most vulnerable and unprotected. You need to feel free and unfettered.

Your Healthy Thinking Patterns

I am strong. I am released to freedom. I am free to move. I am soothed and I bring strength to others.

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AQUARIUS

PRESENT TIME

You, at Your Best!

You celebrate life. People say you are spirited and have spunk. You dream the big dreams and have the courage to attempt and do them. You accommodate brave forward thinking. You want these brave new things to be done.

And when you might need a little tune-up

When you are out of balance, you suffer from low self-esteem. You lose patience for dreamers because you have become so disappointed in your own dreams. You often are so tired, you can't hardly put any more effort in. You can't take another step. In this state you feel so vulnerable as any little thing can make you feel even worse.

When you become sick or feel ill and out of sorts is when life has become dull and monotonous and when it seems like nothing new is happening. It's good for you to be innovative and interested in life and all it offers. If you feel down, looking for new exciting ideas will be an upper for you. Exchanging ideas with your friends and family is healing. Instead of getting sick, throw yourself into your ideas and creations. If you like crafts, start a new one. If you are into woodworking, dream up something exciting and get busy doing it.

Your Healthy Thinking Patterns

I understand new innovations and creations. I am spirited and full of life.

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Aries	Thieves
Taurus	Aroma Siez
Gemini	Trauma Life
Cancer	White Angelica

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PISCES

HUMILITY

You, at Your Best!

Well as the name implies, you can be thought of as shy and reserved, but what is really true about you is that there is no need to show off or be seen. You are liberated from these types of snares. You care greatly about people though and you want to be of assistance whenever and wherever possible. You don't have to be seen by others to feel validated, but you will reach out to someone in need while the whole world walks on by. You don't care, you'll catch up later. It's important to you to have quality in your relationships and not just quantity.

And when you might need a little tune-up

When you get out of step with yourself, you can feel trapped as you really just want to be aiding and assisting humanity. Feeling trapped happens because in your need to help and give, it can be interpreted as being pushy, nosy, and too embroiled in other's affairs. You don't want all that drama but it comes anyway in those times when you are out of alignment with your true self. People can wound you without knowing because your true heart is only interested in their welfare. When your motives are misinterpreted, that hurts, it wounds.

Your Healthy Thinking Patterns

My care is heartfelt and true. I am liberated and free. I love the quality resonating through my loving connections.